



Hykeham Sailing Club

Safeguarding Children & Adults at Risk

A Short Guide for Members

HSC Policy on Safeguarding Children and Adults at Risk

HSC is committed to safeguarding, from physical, sexual or emotional harm, neglect or bullying, children under the age of 18 and Adults at Risk taking part in HSC activities. HSC recognises that the safety, welfare and needs of the person is paramount and that all children and Adults at Risk, irrespective of age, disability, race, religion or belief, sex, sexual or gender identity or social status, have a right to protection from discrimination and abuse. A full copy of 'HSC Safeguarding Children and Adults at Risk policy' is available to view on the club website.

What has this do with me?

HSC considers that Safeguarding children and Adults at Risk is a responsibility of ALL HSC members, not only those members working directly with Children and/or Adults at risk

What do I need to know?

The main thing is to treat young people and all adults with respect, as you would expect them to behave towards you. On the water, race in accordance with the RYA Charter which encourages fair, enjoyable and safe racing for all, in compliance with the rules and states that 'foul or abusive language, intimidation, aggressive behaviour or lack of respect for others or others property will not be tolerated'

For your own protection, avoid putting yourself in a situation that could be misinterpreted:

- Try to avoid using the changing rooms and showers when there are children present, if it is unavoidable make sure you're not the only adult in the changing room
- Don't give a child a lift in your car, unless it's with the parents' full knowledge and consent
- Think very carefully before contacting a young person via mobile phone, email or social media. In general stick to group communications
- Avoid using mobile phones in the changing room. Most mobile phones have a camera facility which again could be misinterpreted. **The use of cameras of any kind is prohibited in changing areas and toilets.**
- When rescuing a child/vulnerable person from the water or giving first aid where possible tell the child/vulnerable person what you are going to do **before** you do it.

What should I do if I am concerned about a child/vulnerable person

- If you are concerned, it is NOT your responsibility to investigate further BUT it is your responsibility to act on your concerns as soon as possible and where possible document your observations and anything the child or adult at risk may have said.
- Pass your concerns and any documents from above on to the Club Welfare Officer, Officer of the Day or Senior Sailing Instructor immediately.