

Hykeham Sailing Club
Preventing and Managing Sickness

Information for Members, Affiliates and other site users

Dear Member / Affiliate Member / Site User

In order to ensure we do what we can to reduce the risk of illness among our members and site users we have a clear strategy plan in place, which follows RYA and Government advice. Flag Officers may make all necessary decisions without formal consultation with HSC Committee or Affiliated groups, however we will endeavour to consult affected users where possible.

Part of this strategy includes, where there is an increased risk of illness, implementing additional cleaning, hygiene expectations and certain restrictions.

At the moment we want to ensure we do what we can to prevent/ reduce the chance of illness developing or the further spread of illness.

At this stage, you are able to continue to use the sailing club facilities, but we ask that you ensure that all using the site comply with the following:

- Wash your hands as you enter and leave the building
- Wash your hands frequently (if you wish, bring your own hand sanitiser)
- Avoid unnecessary contact (avoid shaking hands)
- Avoid touching your face including mouth, nose and eyes
- Sneeze into your elbow or a tissue (not your hands)
- Put any used tissues in the bin and then wash your hands
- Keep away from the site at the first signs of any symptoms for a minimum of 7 days, longer if symptoms persist (see NHS advice)

We have included a poster which will be displayed in the Clubhouse (please feel free to reproduce / circulate).

We also ask you to inform us if any of our site users are confirmed to have the coronavirus; this will help us to develop our response and ensure deep cleaning takes place.

If we need to take further precautions, we will be in touch again; at this stage we need you to know that we may need to reduce or cease your ability to use the facilities for a period of time.

If you have any questions, please get in touch with me Zoe Ashley (HSC Commodore) zashley@btinternet.com (07795551291)